
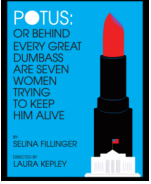







September 2024 Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4:15 pm Sunday Worship With Communion, CNC	2 12:00 pm-3:00 pm Labor Day Cookout No Dinner Service 10:00 am Poetry Class, CNC NO ONE DAY UNIVERSITY 	3 9:30 am Kreeger Museum, Here in this Little Bay: Celebrating 30 years at the Kreeger 10:00 am Trader Joes 1:00 pm Brain Fitness, CNC 2:00 pm Stay Connected, THR 4:00 pm ONE DAY U L	4 9:00 am The Folger Shakespeare Library 1:30 pm Giant Trip 4:00 pm ONE DAY U 5:30 pm DininCopper Shark 7:30 pm Piano Duo, Hai Jin & Hyunimon Kee, Classical Piano ●	5 9:00 am The Barnes, Matisse & Renoir, New Encounters 10:00 am Poetry Class, CNC 10:00 am Caregiver Group Theater 11:00 am Resident Town Hall, A&E 1:00 pm Mindful Art Game, THR 1:30 pm Walgreens 4:00 pm ONE DAY U ●	6 1:30 pm Bank Run 3:00 pm Happy Hips 4:00 pm ONE DAY U 5:30 pm First Fridays at Boordy, Maryland Opera ●	7 10:30 am Art Class, Basic Drawing Skills/Painting, Art Studio Bldg. 2 11:30 am Blue Zones Movie, THR 12:15 pm Everyman Theater, POTUS 
8 4:15 pm Sunday Worship With Communion, CNC 3:00 pm Hsiang Hsin Ching Peabody Student Concert, A&E	9 9:00 am Kenilworth Park & Aquatic Gardens, Anacostia 10:00 am Poetry Class, CNC 11:00 am Move Your Way Fitness, Hopkins RM 1:00 pm Breathwork, Group Ex. Studio 4:00 pm ONE DAY U L	10 1:00 pm Brain Fitness, CNC 2:00 pm Parkinson's Support Group, CNC 4:00 pm ONE DAY U 5:30 pm Night Wonders of the Sky 7:00 pm Conversations with a Doc, THR D	11 9:00 am Anderson House Tour: Lafayette Exhibit 1:30 pm Giant Trip 3:00 pm Grief Support Group, Hopkins Room 4:00 pm ONE DAY U 6:45pm BSO Donor Appreciation Concert Beethoven Symphony No. 6 7:30 pm Brazilian Duo Gigi McLaughin & L	12 9:00 am Harriet Tubman Underground Railroad, Visitors Center 11:30 am Catholic Communion, CNC 1:00 pm Mindful Art Game, THR 1:30 pm Writing Class, CNC 1:30 pm Walgreens 4:00 pm ONE DAY U L	13 1:30 pm Bank Run 4:00 pm ONE DAY U 4:00 pm Black Ankle Vine Yards: Food Truck and & Music ●	14 10:30 am Art Class, Basic Drawing Skills/Painting, Art Studio Bldg. 2 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>3:00 pm "Beginnings!" Babcock Presbyterian Church</p> <p>4:15 pm Sunday Worship With Communion, CNC</p>	<p>16</p> <p>9:00 am National Harbor</p> <p>10:00 am Poetry Class, CNC Cathy Neuman Commons</p> <p>1:00 pm Breathwork, Group Ex. Studio</p> <p>3:30 pm Interfaith Prayer Gathering, Hopkins Room</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">L ●</p>	<p>17</p> <p>9:00 am Apple Picking at Orchard Valley Farm, Brown's Market</p> <p>10:00 am Trader Joes</p> <p>1:00 pm Brain Fitness, CNC</p> <p>2:00 pm Stay Connected, THR</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">●</p>	<p>18</p> <p>1:30 pm Giant Trip</p> <p>4:00 pm ONE DAY U</p> <p>7:30 pm Sammy Munguia, Latin Jazz</p>	<p>19</p> <p>10:00 am Giant</p> <p>10:00 am Caregiver Support Group, Theater</p> <p>1:00 pm Mindful Art Game, THR</p> <p>1:00 pm Ladew Garden & Dinner (Oregon Grille)</p> <p>1:30 pm Walgreens</p> <p style="text-align: right;">L</p>	<p>20</p> <p>9:00 am Lucy Burns Suffragist Museum & Workhouse Arts Center</p> <p>12:30 pm Salt Sanctuary of Maryland Trip</p> <p>1:30 pm Bank Run</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">L</p>	<p>21</p> <p>10:30 am Art Class, Basic Drawing Skills/Painting, Art Studio Bldg. 2</p> 
<p>22</p> <p>12:00 pm Baltimore Orioles vs Detroit Tigers</p> <p>1:00 pm Abell Street Fair</p> <p>4:15 pm Sunday Worship With Communion, CNC</p> <p style="text-align: right;">●</p>	<p>23</p> <p>10:00 am Clear Meadow Sunflower Farm</p> <p>10:00 am Poetry Class, CNC Cathy Neuman Commons</p> <p>1:00 pm Breathwork, Group Ex. Studio</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">L</p>	<p>24</p> <p>12:00 PM Dogwood Apiary, Bob Crouse Bee Keeper, Prigel Family Creamery, Glen Arm</p> <p>1:00 pm Brain Fitness, CNC</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">L D</p>	<p>25</p> <p>10:30 am Duckpin Bowling at Mustang Alley (Limit 18 Residents)</p> <p>1:30 pm Giant Trip</p> <p>3:00 pm Grief Support Group, Hopkins Room</p> <p>4:00 pm ONE DAY U</p> <p>7:30 pm Paul Arnold, Pan Jazz Steel Drum Trio</p> <p style="text-align: right;">L D</p>	<p>26</p> <p>10:00 am Giant</p> <p>11:30 pm Lunch at Liberatores</p> <p>1:00 pm Mindful Art Game, THR</p> <p>1:30 pm Walgreens</p> <p>4:00 pm ONE DAY U</p> <p>7:00-8:30 Iliad, Fighting Slavery in America, Richard Bell, A&E</p> <p style="text-align: right;">L D</p>	<p>27</p> <p>11:00 am Tea at the Williard, Peacock Alley</p> <p>1:30 pm Bank Run</p> <p>4:00 pm ONE DAY U</p> <p>4:00-6:00 pm Happy Hour, 8th Floor Clubroom</p> <p style="text-align: right;">L</p>	<p>28</p> <p>10:30 am Art Class, Basic Drawing Skills/Painting, Art Studio Bldg. 2</p> <p>1:00 pm "& Juliet" Hippodrome Theatre</p> 
<p>29</p> <p>2:00 pm BSO SPECIAL CONCERT, Barber Violin Concerto with Ehnes & Heyward</p> <p>4:15 pm Sunday Worship With Communion, CNC</p>	<p>30</p> <p>9:00 am Harbor Wetland Outdoor Exhibit</p> <p>1:00 pm Breathwork, Group Exercise Studio</p> <p>10:00 am Poetry Class, CNC</p> <p>3:30 pm Time of Remembrance, A&E</p> <p>4:00 pm ONE DAY U</p> <p style="text-align: right;">B</p>	